

## Texas Bandmasters Association Convention/Clinic July 22-24, 2021

# Love Your Job! Progressing Your Career Without Leaving Your Position

## CLINICIAN: Katherine VanDoren



### Love Your Job! Progressing Your Career Without Leaving Your Position

#### **Katherine VanDoren**

Texas Bandmasters Association Convention – CC 207 Friday, July 23, 2021 (1:00 – 2:00 PM)

#### PROFESSIONAL DEVELOPMENT

MAIN GOAL: Increasing your Sphere of Influence - Proactive Approach (Find the Void, Fill the Void)

- Curricular "Day-to-Day Grind"
  - Administrative Expectations
    - Projects (typically assigned)
    - Middle School
    - Facility Needs
    - Booster Meetings (Executive Board Meetings) PARTICIPATE
  - o Musical Experiences
    - Set Goals for yourself, your ensemble, individual sections, etc.
    - GET HELP (lesson staff, friends at other schools)
    - Be comfortable trying something new
    - HAVE A PLAN
      - Long Term
      - Short Term
  - o Student Development
    - We have the time....what a gift! Teach students how to be adults, hold them accountable, and be available.
    - Find things kids can take ownership of
      - Set-up
      - Warm-up expectations
      - Event help
- Extracurricular "The Things You Choose"
  - These provide:
    - Additional Support (musically, developmentally, mentally)
    - Diversity in Music (Grade 5/6 vs. Grade 1/2 music difficulty level)
    - New Perspectives
  - Examples:
    - Drum Corps
    - Symposiums/Collegium
    - Trainings
    - Band Camp Counselor
    - Live Music/Performances
    - Community Groups

#### PERSONAL DEVELOPMENT

#### MAIN GOAL: Increasing Enjoyment – Outside of Work and At Work

- "Work-Life" Balance A Hot Take
  - Family/Friends Come First
  - o Physical Time vs. Mental Investment
  - o "Band Talk" necessary....but watch yourself
  - Outlet What is it and what is your investment level?
- Communication Primary Supervisor and Staff
  - o Boundaries/Availability This is up to you, and you are in control of this!
  - o Tough Conversations
    - Examples:
      - Want more responsibility
      - Too much responsibility
      - Need help
      - Conflict at work (another staff member, supervisor, etc.)
    - Reasons to Avoid
      - "Busy"
        - o Don't want to annoy
        - o True especially for assistants
      - Conflict Evasion
        - o Don't want to disrupt relationship growth....even though not talking about concerns impedes growth!
      - People-Factor (Teachers, Students, and Parents)
        - o Emotional Conversations
        - o Don't feel like you should have concerns because of age/experience.