



**Texas Bandmasters Association
Convention/Clinic July 26-28, 2018**

**Three Essentials for Young Band
Directors**

CLINICIANS:

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Sponsor: Young Band Directors of Texas

Three Essentials for Young Band Directors

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Guidance

- Admitting you need help is not a sign of weakness, but the first step to progress.
- Actively seek out mentors; think beyond your colleagues.
- Communicate with the people around you; ask for their ears or their time.
- If you don't know something-find out! Resources will very rarely come to you, you must seek them out.
- Don't be afraid to approach those "big name" directors, they won't bite!
- Find a group of band friends that you can safely vent to without compromising professionalism.
- Find "non-band" friends through hobbies, church, meet-ups, or even video games.
- Don't neglect your social life, take time to maintain friendships and build new ones.
- Get to know teachers at your school that teach something other than fine arts.
- Become a member of Young Band Directors of Texas!

Balance

- Take a step back every once in a while- It's Just Band.
- Stay healthy! Get plenty of sleep and exercise regularly.
- Exercise is more likely to happen when it is convenient. Look for gyms or activities closer to your band hall or your home.
- Find a hobby that is not related to band.
- Cleanse your ears or nourish your musicianship by joining a performing ensemble or attending a professional performance.

Community



www.youngbanddirectorstx.com