



# **Making the Best Use of Your Warm-up Time at Marching Contest**

**CLINICIAN:**

**Kathy Johnson**

**SPONSOR:**

**Alpha Chapter, Phi Beta Mu**

## **Texas Bandmasters Association 2015 Convention/Clinic**

**JULY 23-26, 2015**

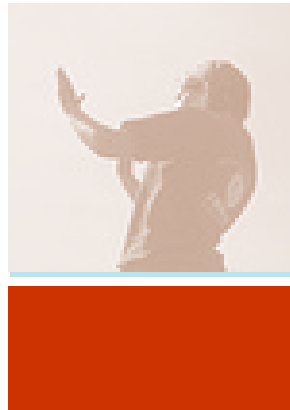
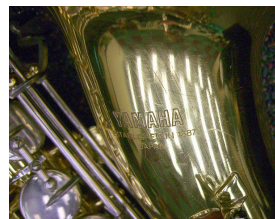
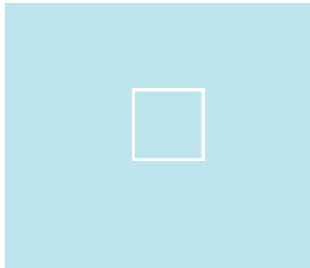
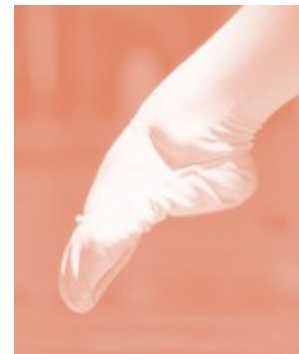
**HENRY B. GONZALEZ CONVENTION CENTER  
SAN ANTONIO, TEXAS**



# Making the Best Use of Your Warm-up Time at Marching Contest



Sponsored by the Alpha Chapter, Phi Beta Mu



Kathy Johnson  
Argyle High School  
kjohnson@argyleisd.com  
940.262.7777 x 2633

# Making the Best Use of Your Warm-up Time At Marching Contest

- ❖ Use your time as a warm-up, not a rehearsal
- ❖ Be organized
  - Before moving to the designated warm-up area
    - Breathing
    - Stretches
    - Monitor posture and technique
      - Section leaders inspiration
- ❖ Be Punctual
  - Don't waste time
  - Be calm
  - Have a plan
- ❖ Be Courteous
  - Be respectful of the bands before you, around you, and after you in the warm-up area
  - Be flexible
  - Follow the Contest Schedule
- ❖ Use of Staff
- ❖ Body - 5-8 minutes
  - Fundamentals - isolate movements
  - Marching
  - Movement
- ❖ Music - 13-15 minutes
  - Tone
  - Articulation
  - Levels of Listening

- Tuning
- Show Music
  - Spot Check
    - Solos
    - Small Group
    - Technical
    - Special Effects
  
- ❖ Equipment – staff member during music warm-up
  - Electronic Levels
  - Check Microphone and levels
  
- ❖ Final Words – 2 minutes
  - Speak about shared experiences
  - Speak about our musical and visual goals
  - Have Fun!