



Tips for Producing a Successful Middle School Band Program – Top to Bottom

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CRMS Practice Techniques!

1. The Process

Do this 1 or 2 measures at a time, then 2 or 4 measures at a time

- Count It
- Say it on your syllable
- Play it on one note
- Note name and finger
- Play it

2. Stacking

Start with one of two notes in rhythm

After playing correctly 3 times, add one note

Do this 1 or 2 measures at a time

3. Backwards stacking

Just like stacking only start at the end of a measure and add 1 note at a time before it

4. Zone In

Start on the note or rhythm that is giving you troubles

Add one note to the end and play 3 times

Then add one note before and play 3 times

Then add another note to the end

5. Backwards

Play the line from right to left in rhythm

(can also do this one measure at a time)

6. 4 - 3 - 2 - 1

Play each note as quarter notes 4 times

Play each note as quarter notes 3 times

Play each note as quarter notes 2 times

Play each note as quarter notes 1 time

7. Rhythm Shuffle

Play each note for 4 beats (whole note)

Play each note for 3 beats (dotted half note)

Play each note for 2 beats (half note)

Play each note for 1 beat (half note)

Play each note for $\frac{1}{2}$ beat (8th note)

8. Dial It Up

Increase the tempo by 1 or 2 clicks

9. Subdivide

Play the line dividing each note into 8th notes or 16th notes

10. Art Fun!

When playing a technical passage with all 8th notes or 16th notes, change the articulation

- Slur 2 tongue 2
- Tongue 2 slur 2
- Slur 3 tongue 1
- Tongue 1 slur 3
- Tongue 1 slur 2 tongue 1