Make Warm-ups Part of Your Routine-
Just Don’t Make Them Routine

CLINICIAN:
Larry Clark

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Circular Warm-Ups and Drills for Band is an exercise book that teaches the basics of ensemble playing, using one simple tool: the Circle of 4ths. It is a unique book for band in that there is only one book for all instruments. There are endless possibilities for using the Circle of 4ths to teach theory, tone, intonation, technique, balance, blend and ensemble awareness. The beauty of this book is that it will teach your students to do all of the exercises it contains in all 12 keys, major and minor. It also uniquely presents warm-up chords and chorales using scale degree numbers or solfège, so that they can be played in all keys. This approach will help students build their aural skills and improve their understanding of voice leading and function. Circular Warm-Ups and Drills for Band contains a multitude of material to build individual musicianship and a strong, fundamentally sound band.

The author would like to acknowledge Edward S. Lisk, one of the pioneers in music education and band instruction. His books in the “Creative Director Series” published by Meredith Music Publications, together with the countless clinics he has lead championing the educational merits of the use of the circle of 4ths, have inspired musicians all over the world. The author is honored to have been mentored by him, as well as others who have inspired and greatly influenced the author of this book. It is with pride that those influences are incorporated into this book.

The author highly recommends that all band directors read, study and implement the teachings of Edward S. Lisk in the “Creative Director Series” of books. Visit www.meredithmusic.com for more information.

www.carlfischer.com
I. The Purpose of the Warm-Up
   A. Establish Pitch
   B. Establish Tone
   C. Establish Balance/Blend
   D. Establish Ensemble
   E. Technique Development
   F. Musicianship Training
   G. Aural Skills

II. Long Tones to Establish Pitch and Tone
   A. Teach pitch matching – care how you use tuners
   B. Tone Development
      1. Breathing – learn how to use air
      2. Vowel sound approach

III. Balance/Blend
   A. Pyramid
   B. Get inside the sound
   C. Lose independence of sound

IV. Technical Development
   A. Scales, scales, scales
   B. Brass Slurs
   C. Articulation
   D. Make it fun!
   E. Vary the exercises everyday!

V. Ensemble
   A. Unison is the great equalizer
   B. Chord Progressions
   C. Chorales/lyrical music
   D. Rhythm
   E. Players must be actively participating in the ensemble
   F. Make players accountable

VI. Resources
   A. Circular Warm-Ups and Drills for Band by Larry Clark
   B. The Creative Director Series by Edward Lisk
   C. Exercises for Ensemble Drill by Raymond Fussell
   D. Effective Performance of Band Music by Francis McBeth
   E. 3-D Band Book by James Ployhar and George Zepp

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