

A Young Teacher's Guide

Clinician: Fred Vélez

Sponsor: Texas Bandmasters Association

Texas Bandmasters Association 60th Annual Convention/Clinic

July 20-23, 2007

Henry B. Gonzalez Convention Center San Antonio, Texas

"BRINGING BALANCE TO THE FORCE"

"Young Teacher's Guide" for crafting a successful musical and professional career that can enhance your personal life outside of work.

Clinician
Alfredo Vélez III
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STRATEGIES FOR SOUND CAREER & EDUCATIONAL DECISIONS.

Discover your Passion

- O What's in your heart (or gut?)
- Share your passion for music
- o Teaching
- Marching
- o Jazz

Professional Initiative

- o Workshops
- o Symposiums
- o Summer Learning
- o Grow.....Intentionally put yourself in uncomfortable situations.

Seek and Discover Great Mentors

- We all need mentors.
- Attain good advice
- o Mentors in and out of music (Principals, church, neighbors)
- o Have others working for your wellbeing

Building your Advocate Network

- o Colleagues
- Parents
- Teachers
- o Friends
- Make everyone your advocate

High Expectations

- o Appropriate Challenges
- o High Level of Achievement in Life

Create a plan for your future

- o Write down your goals
- o Revisit and reevaluate your goals every year.

Take ActionImplement a Plan

- o Do your homework
- o Activate your plan ...
- o GO FOR IT!
- o Plan your work and work your plan!

Surround yourself with intelligent, optimistic people.

Work Hard...(Play Hard)

- o Go the extra mile
- o Play your position well.
- o Take every opportunity to learn, grow
- O KEEP YOUR FOCUS WHERE YOU ARE.

Live your art

- o Exhibit your musicianship
- o Nurture your musical spirit
- o Teach musicianship
- o Make music Beautiful!

STRATEGIES FOR ESTABLISHING BALANCE IN YOUR PERSONAL LIFE THAT ENHANCES YOUR PROFESSIONAL LIFE.

"The effectiveness of my public life is determined by the quality of my private life."

"You're a HUMAN BEING,....NOT a HUMAN DOING."

Life x 4......

Discover your burning Passion

o If you couldn't fail, what would you do?

Personal Traits that will serve you well....

- o Confidence
- o Optimism
- o Sincerity/Integrity
- o Beautiful disposition
- o Humility
- o Personal Initiative
- o Ability to deal with Adversity
- o Self Discipline

Sensitivity of those around you

- o First step of being a leader
- o Tender Heart heart that cares for others
- o Deep feelings are the beginnings of leadership
- o Passion is what propels us into action

Invest/improve on yourself.

- o Improve your speech
- Emotional Control

Become Inspired

o Read inspirational tales, success stories

Play Hard.....(Work Hard)

- o Hobbies!!!
- o Travel
- Social Gatherings
- Reading
- Attend concerts or make personal music

Make time for yourself

- o Quiet your mind
- Meditate
- o Pray
- o Plan your day Plan your life, before you jump into action.
- o Be with people you love

Make time for your home life like just as you do your work...

- o Time for friends
- o Partner
- o Children

Faith

- o What's on your heart shows on your face.
- o Who do you look for encouragement?

Organize your personal life – Schedule-in your home life.

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"Take what you do seriously - but don't take yourself too seriously."
Alfredo Vélez III
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"Work when you are at work....Be home when you're at home." **Zig Zigler** (paraphrase)

"Nothing will work unless you do."

John Wooden

"Take action every day – some small dose at a time." **Jeffrey Gitomer**

"If there is no struggle, there is no progress." Frederick Douglas

"Keep away from people who try to belittle your ambitions. Small people always do that, but the great ones make you feel that you too, can become great."

Mark Twain

"The bond that links your true family is not one of blood, but of respect and joy in each other's life."

Richard Bach