

9:30 Am - 10:30 AM
INTERMEDIATE SERIES: TROMBONE
CC Room 206
Clinician: Dr. Carl Lobitz

Topics

1. Equipment
2. Assembly
3. Mouthpieces
4. Posture
6. Hand Positions
7. The "Set"
8. Tone Quality
9. Tonguing
10. Slurring
11. Intonation
12. Range
13. F Attachment
14. Alternate Positions
15. Mouthpiece Practice
16. Ideal Warmup-Warmdown
17. Developing Advanced Technique
18. Clefs
19. Recommended Method Books

1. Equipment

Instrument
Slide-Care; Cleaner
Tuning Slide
Water Key
Slide Tip
Common Problems

2. Assembly

Common Mistakes

3. Mouthpiece

Cleaning Brush
Dents
Pouch

4. Posture

Stand
Chair
Music

5. Hand Positions

6. Breathing

Diaphragm
Belt
Floor w/Books
Against The Wall!
Pat under Column
Straw
Sizzle

COMMON BREATHING MISTAKES
the 4-2-1 exercise

7. The "Set"

A Mental and Physical Preparation
Concentrate!!
Posture - Hold Still - Control all excess
Motion of Jaw, Embouchure, Body
Breathe!!
Tongue Placement
Blow - Sizzle - Support

COMMON MISTAKES OF THE SET

1. Tone Quality

The size of mouthpiece not a magic bullet
Ideals of tone: Dark, Open;
How to achieve: Jaw exercises
Chewing - Low Register
The Low Gliss
Hot Potato - Tongue Position
The Ahhh exercise w/fist
Use one hand to test jaw opening
Eraser = Jaw position
Pedal notes (also relaxation)
The volume test - Centered? Focus?
An ongoing problem

Common Mistakes: Stuffy, Thin, Edgy

9. Tonguing

Placement: Tip
Set - Tongue - Release
Begin with Legato: Du or Dah
Remington Ex: 1 note, repeat
Vocal Style
Push agility early: 1 note
Staccato: Breath Ex:
Relaxation
Use of Ernest Williams Method
Stress of tongue: 2nd Wind
Double TK; Triple TTK

Arban Ex's.

Importance of Tongue Compared
To other instruments.

Common Mistakes of Tonguing

10. Slurring - Air stream is Constant

Three Kinds of Slurs

1) Lip: Strong Air, Fast Slide

Lip Slurs involve Tongue Position,
Support Mechanism, cresc. Ex.
Chas. Colin Lip Flex's

2) Legato Tongue

Firm Legato Tongue, Fast Slide
and Smoothness; Rochut - Melodious Etudes

3) Slide-Lip only

1 position must equal 6 in slide speed
Breath must push
Add smoothness
The need for chorales

11. Intonation

Listen - Sing - Match Pitch
Use of tuner - a discipline
There are more than 7 positions
Common pitch problems: going out;
coming in; at the bell
Problems of Visual Perspective
Effect of centering tone on pitch
Chart of overtime series

12. Range

A building process: do not force lower lip
Turns under slightly use of syllables and jaw
Use of air pressure and volume
Firmness in corners
like a clenched fist
Do not stretch
Like weight training: add notes gradually;
be warmed by first work extremes at least
1x daily

13. The F Attachment

Diagram of Positions

Common notes to use

Advantages of exercises for books:

Ostrander, Fink positions: F-1st; E-b2nd,
E6-63rd, D-#5; Db-b; C-bb7.

Tuning the F-Attachment

a) Tune the Bb side

b) Tune the f side by Tuning F

c must be lowered if low F is in tune.

14. Alternate Positions

Common: F-6; D-b4; B6 - #5; HiF - #4

15. Mouthpiece Practice

Benefits: Decrease Pressure

Check correct EMB.; HERP Pitch

16. Ideal warmup and warmdown