# Beginning tuba By Jesse Q. Lotspeich July 29, 2003

This clinic will cover the recruitment of beginning tuba players and establishing a foundation of good tone and technique.

### I Recruitment: Do the obvious

- a. Have a good instrument
- b. Demonstrate the instrument
- c. Don't focus on size or weight

#### II Student selection

- a. Desire to be a tuba player trumps almost all considerations
- b. High brass players that have trouble with upper range
- c. Braces
- d. Sax or flute players
- e. Draft from  $2^{nd}$  or  $3^{rd}$  bands
- f. Adequate size
  - 1. Strength
  - 2. Facial features
- g. Students with low maintenance.

#### III Equipment

- a. Full size vs. <sup>3</sup>/<sub>4</sub> Size
- b. Tuba vs. Sousaphone
- c. Tuba stands, chairs
- d. Mouthpieces

#### **IV First Class**

- a. Take time to fit each student
- 1. How to sit in the chair, stool
- 2. Proper angle of mouthpiece

#### V Tone Production, Setting the mouthpiece

- a. Embouchure formation, corners in, teeth apart, center of lips soft.
- 1. Blow out the candle
- 2. Bite little finger to set distance of teeth separation
- 3. Say poo aloud then whisper
- 4. No puffed cheeks
- 5. No pinched or crinkled lips
- 6. No collapsed jaw.
- b. To buzz or not to buzz

VI Mouthpiece placement

- a. Teacher sets mouthpiece the first time while student blows out candle
  - 1. Lips/jaw doesn't change
  - 2. Stress how light the mouthpiece feels
- b. Student sets mouthpiece with just thumb and first finger then release first finger
- c. Angle of mp. Slightly downward
- d. Even placement on top and bottom lip
- e Use mirror to aid consistency of placement
- f. Inhale 4 counts, exhale 4, 6, 8 etc. Counts

VII First note.

- a. Practice "landing the rocket ship" several times with mp held in the thumb and first finger.
- b. Place mp. In horn and repeat "landing" listen for fast air through the horn
  - 1. Don't worry if no note the first couple of times
  - 2. Close lips slightly if having trouble producing a note
  - 3. Don't worry about which note plays
- c. First note will probably be a B-flat or D in the staff

VIII Lowering the pitch

- a. Do not horse whinny
- b. Drop jaw and soften center of embouchure
  - 1. Use Chromatic scale
  - 2. Say "yo-yo"
  - 3. Mouth full of water to feel teeth apart
  - 4. Vocalize ee-oh
  - 5. Focus air on soft part of lips
  - 6. Don't loose "set" in the corners
- c. Don't rush this

IX Expanding the range upward

- a. Avoid excessive pressure, look for red ring on top lip
- b. Stress air speed, not lip to mp pressure
- c. Keep teeth apart
- d. Corners stay in and not stretched out
  - 1. Buzz an expanding roller coaster
  - 2. Contest with air vs. lips
  - 3. Candy cane
  - 4. Blow air through a large straw then pinch end to feel the increase of air pressure
  - 5. "Golf ball" of air in the mouth
- X Flexibility and Facility
  - a. Daily warm up to push range extremes
    - 1. Use a numbered chromatic scale
    - 2. Expanding intervals
  - b. "Hand pipe" for establishing lip slurs
  - c. Technical passages from other instruments

## XI Tonguing

- a. Only introduced after a good tone can be started and sustained
- b. Stress keeping teeth apart and corners firm
- 1. Bite finger, say too, too, too and slide finger back and forth
- c. Lower register lower the tongue
  - 1. Shift from too thoo with the tongue just under the top teeth
- d. Correct a heavy tongue by saying hot, hot, hot